

## A system of Micro-Dilution Therapeutics

Homeostasis is a line of premium quality Homeopathic remedies manufactured in Canada. The formulations in this line have been compounded and evaluated in clinic for the last 25 years by a well-known, internationally trained homeopathic practitioner, Dr. Manohar Sood. He has been a registered Homeopath by the College of Homeopaths, Ontario since April 2015.

Dr. M. Sood's collective expertise and experience is captured in a comprehensive line of homeopathic remedies that spans traditional formulations to non-traditional, complex combinations.

Each homeopathic product is carefully compounded in a site-licensed facility and the quality of each remedy is assured through rigorous quality control process that includes raw material qualification to final release of finished product.

PROUDLY CANADIAN!

#### Disclaimer

This booklet is a guide for Professional Use Only. Please refer to product label for proper usage. Consult a health care practitioner if symptoms persist or worsen. Consult a health care practitioner before use if you are pregnant or breastfeeding and when given to children.

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For further enquiries, please contact info@neihomeostasis.com



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# TISSUE SALTS SINGLES & COMPLEXES

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The German physician Samuel Hahnemann articulated the principles of homeopathy in his famous work entitled the Organon of the Art of Healing in 1810. The word homeopathy is derived from the Greek roots "omio" (meaning the same) and "pathos" (meaning suffering). One of the principles of homeopathy is that the same entity which causes symptoms of disease in healthy subjects also is able to ameliorate those same symptoms in sick subjects. Hence Hahnemann's theory "similia similibus curentur" or "Like cures like". Modern medicine's priority is to provide symptomatic relief to patients as a strategy to manage disease rather than to understand the basis of disease. Consequently, medicines developed based on that model target symptoms.

Acetaminophen is perhaps the most widely prescribed medicine today. Acetaminophen inhibits the formation of internal biochemical messengers (the prostaglandins) so that the symptoms (headache, pain, inflammation) are in the short term eliminated, however, the reasons for the headache, the pain or the inflammation are not addressed. By contrast homeopathy is a modality that seeks to restore health by understanding the underlying basis of disease.

Homeopathy contradicts the well known dose-response principles of pharmacology. In the case of homeopathy the exact opposite is apparently true – decreasing the dose increases the pharmacological response. Although there is no apparent empirical evidence that supports the plausibility of this theory, an analysis of some 107 controlled clinical trials of efficacy led Dutch researchers (J. Kleijnenhat ,et al., British Medical Journal, 1991) to conclude that there is a legitimate case for the further evaluation of homeopathy. Scottish researchers (D. Reilly, et al. Lancet, 1986) were able to conclude that the placebo effects can not adequately explain the successful clinical responses observed with homeopathic medicines. The mechanistic basis underlying the action of homeopathic medicines represents a confusing challenge to orthodox scientific models which must imply that homeopathy and homeopathic medicines must work by mechanisms other than what scientists currently understand. Medical research certainly acknowledges that the etiologies of most diseases are multifactorial and do not have one single cause or predisposing factor.

The first cellular response after injury is an instinctive attempt to regain biochemical "normality" or homeostasis. It is when the injury to cells exhausts this inherent "homeostatic" repair mechanism that irreversible injury occurs and disease manifests. In a similar way homeopathy is designed to re-establish homeostasis after acute or chronic injury. Homeostasis is a comprehensive line of well researched combinations, formulated by homeopathic practitioners for the well being of your family."

- Dinshaw Printer Certified Homeopath, Ontario Homeostasis is a concept that embraces the belief that given the appropriate nutrients, cells will strive to regain homeostasis and subsequent overall health will be restored naturally. Dr. Schuessler's Biochemic System of Medicine calls for the use of tissue salts also known as minerals. Dr. Schuessler observed that when the human body lacks one of these tissue salts many common ailments may occur. All the tissue salts are prepared in a unique way by micro dilutions for the rapid cellular assimilation. Once deficient tissue salts are supplied in this specific form, cellular homeostasis is restored **RESULTING IN GOOD HEALTH.** 



ho•mco•sta•sis<sup>™</sup> A system of Micro-Dilution Therapeutics Twenty Four Tissue Salts Combination TSC-28 (DIN-HM 80044276)

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**Recommended purpose or use:** Homeopathic remedy of all tissue salts.

**Indication:** This particular tonic combination brings together the benefit of all 24 tissue salts and is advantageous in the recuperation process of any debilitating disease and convalescence. It will help to build up the entire system by providing the necessary tissue and cellular nutrition, improving resistance to disease and helping with better utilization and assimilation of food.

Ingredients: Calcarea fluorica (Calcium fluoride) 10X, Calcarea phosphorica (Calcium phosphate) 10X, Calcarea sulphurica (Calcium sulfate) 10X, Ferrum phosphoricum ((Ferrous phosphate BPC 73) 10X, Kali muriaticum (Potassium chloride) 10X, Kali phosphoricum (Potassium phosphate, dibasic) 10X, Kali sulphuricum (Potassium sulfate) 10X, Magnesia phosphorica (Magnesium phosphate, dibasic) 10X, Natrum muriaticum (Sodium chloride) 10X, Natrum phosphoriucm (Sodium phosphate, dibasic) 10X, Natrum sulphuricum (Sodium sulfate) 10X, Silicea (Silica) 10X, Alumina (Aluminum oxide) 10X, Chromium oxydatum (Chromium (III) oxide) 10X, Cobaltum metallicum (Cobalt) 10X, Cuprum aceticum (Copper acetate) 10X, Cuprum metallicum (Copper) 10X, Ferrum iodatum (Ferrous iodide) 10X, Iodium (Iodine) 10X, Lithium carbonicum (Lithium carbonate) 10X, Manganum carbonicum (Manganese carbonate) 10X, Selenium metallicum (Gray selenium) 10X, Zincum metallicum (Zinc) 10X, Zincum sulphuricum (Zinc sulfate) 10X, Ethanol (50%) and Water.

Directions: (Adults) One tablet\* three times daily.

## SINGLE SALTS

#### Calcarea Fluorica TS-1 (DIN-HM: 80022004)

Calcarea Fluorica is a constituent of skin and connective tissue cells. It is found in the enamel of teeth, bones and elastic fibres of all muscular tissue. A deficiency of calcarea fluorica results in a loss of elasticity and consequent relaxed condition which is the primary cause in a large number of disorders.

Ingredient: Calcarea fluorica (calcium fluoride) 6X

**Directions:** Take 4-5 globules\* three times daily. In acute condition it can be taken hourly until relief.

## Calcarea Phosphorica TS-2 (DIN-HM: 80022010)

Calcarea phosphorica, is the tissue salt concerned with nutrition. It is a constituent of bones, teeth, a connective tissues. It aids the union of fractured bones and helps deficient development of children. Deficiency of this mineral is the cause of indigestion.

**Ingredient:** Calcarea Phosphorica (Calcium phosphate) 6X **Directions:** Take 4-5 globules\* three times daily. In acute condition it can be taken hourly until relief.





## Calcarea Sulphurica TS-3 (DIN-HM: 80021945)

Calcarea Sulphurica is a blood purifier and healer. It is found in the liver, blood and in skin cells. It aids to prevent cell degeneration and helps in the removal of waste products from the blood. Calcarea Sulphurica is the remedy for impurities in the blood stream.

Ingredient: Calcarea Sulphurica (calcium sulphate) 6X Directions: Take 4-5 globules\* three times daily. In acute condition it can be taken hourly until relief.

## Ferrum Phosphoricum TS-4 (DIN-HM:80021936)

Ferrum Phosphoricum, colors the blood corpuscles red, carries oxygen to all parts of the body, and thus furnishes the vital force that sustains life. Without a proper balance of iron in the blood, health cannot be maintained. A deficiency of this salt is the cause of all inflammatory conditions, colds, coughs, etc.

Ingredient: Ferrum Phosphoricum (Iron Phosphate) 6X Directions: Take 4 to 5 globules\* on tongue, three times daily. In acute conditions it can be taken hourly until relief.

## Kali Muriaticum TS-5 (DIN-HM: 80021940)

Kali Muriaticum is the chief remedy for spasmodic croup, diarrhea, and bronchitis. A deficiency of kali muriaticum causes a sluggish condition with a discharge of a thick, white, sticky character from mucous membranes. It helps in all inflammatory conditions, such as coughs, skin eruptions and catarrh of Eustachian tubes.

Ingredient: Kali Muriaticum (potassium chloride) 6X Directions: Take 4 to 5 globules\* on tongue, three times daily. In acute conditions it can be taken hourly until relief.

\*Note: Or Tablets

## Sexual Neurasthenia TSC-27 (DIN-HM 80059355)

**Recommended purpose or use:** Homeopathic medicine used for the relief of general physical weakness.

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Indication: Neurasthenia is the medical term applied to a run-down condition of the nervous system. This condition may be slight and be characterized by irritability and nervousness or it may be more severe and result in a complete breakdown of the nervous system. This combination TSC-27 will ameliorate the conditions related to a lack of vitality. Symptoms that are suggestive of impotence, depression of sexual instinct, general debility, quick emission followed by trembling, weakness and nervousness are remedied with TSC-27.

**Ingredients:** Calcarea phosphorica (Calcium phosphate) 6X, Kali phosphoricum (Potassium phosphate, dibasic) 6X, Natrum sulphuricum (Sodium sulfate) 6X, Lactose.





**Recommended purpose or use:** Homeopathic medicine used for the relief of acidity, flatulence, indigestion, heart burn and burning sensation.

**Indication:** Indigestion may be a symptom of a stomach disorder or it may be a disorder itself. Symptoms may include gas, abdominal pain, bloated feelings, belching, nausea, vomiting and a burning sensation after eating. In most gastric or stomach disorders we have to deal with a disturbed function of the stomach membrane usually dependent upon mineral salt deficiencies. TSC-25 supplies the deficient cell salts allowing to attain a normal, healthy condition.

**Ingredients:** Natrum phosphoriucm (Sodium phosphate, dibasic) 6X, Natrum sulphuricum (Sodium sulfate) 6X, Silicea (Silica) 6X, Kali muriaticum (Potassium chloride) 6X, Iodium (Iodine) 6X, Magnesia phosphorica (Magnesium phosphate, dibasic) 6X, Calcarea phosphorica (Calcium phosphate) 6X, Zincum metallicum (Zinc) 6X, Alumina (Aluminum oxide) 6X, Lithium carbonicum (Lithium carbonate) 6X, Manganum carbonicum (Manganese carbonate) 6X, Lactose.

Directions: (Adults) One tablet\* three times daily.

## Labour Pain TSC-26 (DIN-HM 80059627)

**Recommended purpose or use:** Homeopathic medicine used for the temporary relief of menstrual and uterine pain and aching.

**Indication:** Both pregnancy and labour are physiological processes and as such should therefore not require medical intervention. The process of birth itself has most women feeling anxious in anticipation of the inevitable pains associated with childbirth. The five tissue salts in this combination help to relieve the pain of labour and encourage an easier delivery.

**Ingredients:** Calcarea fluorica (Calcium fluoride) 6X, Calcarea phosphorica (Calcium phosphate) 6X, Kali phosphoricum (Potassium phosphate, dibasic) 6X, Magnesia phosphorica (Magnesium phosphate, dibasic) 6X, Natrum Muriaticum (Sodium chloride) 6X, Lactose. **Directions:** (Adults) One tablet\* three times daily.

## Kali Phosphoricum TS-6 (DIN-HM: 80022039)

A great nerve and brain remedy. A nerve nutrient and a remedy of a truly nervous character. A deficiency of kali phosphoricum results in a loss of mental vigor, poor memory, depression, nervousness, dizziness and vertigo due to nervous exhaustion, diarrhea, dysentery etc.

**Ingredient**: Kali Phosphoricum (Potassium Phosphate) 6X **Directions**: Take 4 to 5 globules\* on tongue, three times daily. In acute conditions it can be taken hourly until relief.

## Kali Sulphuricum TS-7 (DIN-HM: 80021942)

Kali Sulphuricum is a carrier of oxygen, as well as of organic material, to the cells of the skin. It has affinity for oil, hence its secretions are sticky, slimy. A deficiency of kali sulphuricum, causing a lack of oxygen in the skin cells, will give rise to symptoms of chilliness, anxiety, palpitation of heart, sadness, headache, and pains in the limbs.

Ingredient: Kali Sulphuricum (Potassium sulphate) 6X Directions: Take 4 to 5 globules\* on tongue, three times daily. In acute conditions it can be taken hourly until relief.

## Magnesia Phosphorica TS-8 (DIN-HM: 80021996)

Magnesia Phosphorica is chiefly found in the white fibres of the nerves and muscles. Its main function is in connection with the nervous system and is known as anti-spasmodic tissue salt. When a deficiency of magnesia phosphorica occurs, the white nerve fibers contract, causing spasms and cramps. This remedy ensures muscular tissue rhythmic and coherent movement.

Ingredient: Magnesia Phosphorica 6X

**Directions**: Take 4 to 5 globules\* on tongue, three times daily. In acute conditions it can be taken hourly until relief.



## Natrum Muriaticum TS-9 (DIN-HM: 80022007)

Natrum muriaticum is closely associated with nutrition, glandular activity and with the internal secretions which play such an important part in the physiological process. Its prime function is to maintain a proper degree of moisture throughout the body's system. A deficiency causes a feeling of hopelessness, headache, stomach-ache, toothache, thin blood and watery with pallor of skin. Excessive moisture or excessive dryness in any part of the body is a clear indication of a natrum muriaticum.

**Ingredient:** Natrum Muriaticum (Sodium Chloride) 6X **Directions:** Take 4 to 5 globules\* on tongue, three times daily. In acute conditions it can be taken hourly until relief.

#### Natrum Phosphoricum TS-10 (DIN-HM: 80022002)

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Natrum phosphoricum is the chief remedy to be used when there is an excess of acid in the system. It is an acid neutralizer and of importance for the proper functioning of the digestive organs. A deficiency of natrum phosphoricum gives rise to a wide group of ailments, when an acid state of the blood occurs. It relieves sour vomiting and belching due to acid conditions of the stomach. Keep this soothing remedy handy by the bedside.

Ingredient: Natrum Phosphoricum (Sodium Phosphate) 6X Directions: Take 4 to 5 globules\* on tongue, three times daily. In acute conditions it can be taken hourly until relief.

## Lymphadentitis TSC-22 (DIN-HM 80059618)

**Recommended purpose or use:** Homeopathic medicine used for the temporary relief of glandular swelling, inflammation of abscesses, suppuration, local congestion, pus formation, exudation, and discharges.

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**Indication:** Lymphadenitis is an inflammatory condition of the lymphnodes. The nodes may be enlarged, hard, smooth or irregular, red and may feel hot. An abscess is characterized by any cavity containing pus and surrounded by inflamed tissue, formed as a result of suppuration in a localized infection. Both these conditions may be caused by a bacterial infection. This combination TSC-22 will help to alleviate the symptoms.

**Ingredients:** Calcarea phosphorica (Calcium phosphate) 6X, Ferrum phosphoricum (Ferrous phosphate BPC 73) 6X, Kali muriaticum (Potassium chloride) 6X, Silicea (Silica) 6X, Lactose.

Directions: (Adults) One tablet\* three times daily.

## Brain Tonic TSC-24 (DIN-HM 80059653)

**Recommended purpose or use:** Homeopathic medicine used for temporary relief of weak memory and nervousness.

**Indication**: Phosphorus is essential in the body for proper cell growth and overall utilization of vitamins and the conversion of food to energy. It is critical in the metabolism of protein, calcium and glucose. A deficiency of phosphorus can cause weight loss, anemia and abnormal growth. This combination TSC-24 is a general tonic for all chronic wasting disease, anemia, general debility and exhaustion with lack of vitality.

**Ingredients:** Calcarea phosphorica (Calcium phosphate) 6X, Ferrum phosphoricum (Ferrous phosphate BPC 73) 6X, Kali phosphoricum (Potassium phosphate, dibasic) 6X, Magnesia phosphorica (Magnesium phosphate, dibasic) 6X, Natrum phosphoricum (Sodium phosphate, dibasic) 6X, Selenium Metallicum (Gray selenium) 6X, Alumina (Aluminum oxide) 6X, Zincum Metallicum (Zinc) 6X, Iodium (Iodine) 6X, Lactose.

**Directions:** (Adults) One tablet\* three times daily.

\*Note: Or Globules



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## Toothache/Detention TSC-21 & 23 (DIN-HM 80059620)

**Recommended purpose or use:** Homeopathic medicine provides temporary relief of symptoms associated with toothache including aching pain of the teeth, gums and mouth, swollen and bleeding gums, swollen cheeks and face, and facial neuralgia.

Indication: Dentition (Teething) is the physiological process of the eruption of the teeth through the gums. Discomfort and inflammation result from the pressure against the periodontal tissue, as the crown of the tooth breaks through the membranes. Signs of teething in an infant, include excessive drooling, biting on hard objects, irritability, difficulty in sleeping and refusal of food. Toothache is neuralgic pain caused by an impoverishment of the nerves themselves or undue pressure of sorrounding tissues. This condition is caused by a deficiency in phosphates of magnesia, potassium, and sodium chloride and by fibrinous particles clogging in the tissue of nerve sheath, and thus preventing free circulation. This combination TSC-21 and 23 will help to relieve the pain.

**Ingredients:** Alumina (Aluminum oxide) 6X, Calcarea fluorica (Calcium fluoride) 6X, Calcarea phosphorica (Calcium phosphate) 6X, Ferrum phosphoricum (Ferrous phosphate BPC73) 6X, Kali muriaticum (Potassium chloride) 6X, Kali phosphoricum (Potassium phosphate, dibasic) 6X, Magnesia carbonica (Magnesium carbonate hydroxide) 6X, Magnesia phosphorica (Magnesium phosphate, dibasic) 6X, Silicea (Silica) 6X, Zincum metallicum (Zinc) 6X, Lactose, Hypromellose (capsule shell ingredient)

Directions: (Adults) One tablet\* three times daily.

## Natrum Sulphuricum TS-11 (DIN-HM: 80022005)

Natrum sulphuricum is found in the intercellular fluids and is responsible for the regulation of water content in the tissues, blood and bodily fluids. Since its affinity for water is paramount, it therefore eliminates the excess from the blood and blood serum. A deficiency of natrum sulphuricum prevents the elimination of such water from the body. Its use helps to prevent auto-intoxication by the disposal of poison-charged fluids and its importance in the treatment of liver and rheumatic ailments are therefore self-evident.

Ingredient: Natrum Sulphuricum (Sodium sulphate) 6X Directions: Take 4 to 5 globules\* on tongue, three times daily. In acute conditions it can be taken hourly until relief.

## Silicea TS-12 (DIN-HM: 80022001)

Silica is a cleanser and eliminator. It is found in the hair, nails, skin, covering of bones and nerves. A deficiency of silicea is indicated in nasal catarrh with offensive discharge, tonsillitis, boils, and ulcers. It helps in great debility, gout, and profuse night sweats. When there is a hard lump in the flesh, threaten with suppuration, silicea promotes discharge of pus and thus helps to relieve pain.

Ingredient: Silicea (Silicic Oxide; Pure Flint) 6X

**Directions:** Take 4 to 5 globules\* on tongue, three times daily. In acute conditions it can be taken hourly until relief.



## Aluminum oxide 8 TS-13 (DIN-HM: 80022011)

Aluminum oxide is suited to persons of sedentary habits and who suffer from chronic ailments, accompanied with diminished heat. It helps to relieve irritation of mucous membranes and paralysis of involuntary muscles, especially those of the nervous and muscular systems. It is useful for drawing pain and convulsive movements of the limbs and head. It is extremely effective in spasms, trembling, and sensation of constriction in several organs. Since sluggishness of action is characteristic of this remedy, any deficiency causes slow urine flow and great straining to evacuate bowels. In the mental sphere there is confusion.

Ingredient: Aluminum Oxide (Alumina) 6X

**Directions:** Take 4 to 5 globules\* on tongue, three times daily. In acute conditions it can be taken hourly until relief.

#### Chromium Oxide 6 TS-14 (DIN-HM: 80022038)

Chromium Oxide is used to arrest fetid discharge, correct fetid odours, (foot-sweat) and has been generally used for disinfecting purposes. It is very effective for cutting pains in the eyes, cough deep and hard, swallows sputa and vomits.

Ingredient: Chromium oxide (Chromium Oxidatum) 6X

**Directions:** Take 4 to 5 globules\* on tongue, three times daily. In acute conditions it can be taken hourly until relief. If symptoms persist or worsen, consult a health care practitioner.

#### Cobalt 8 TS-15 (DIN-HM: 80022037)

The most characteristic symptom of cobalt, is a very pronounced backache, worse sitting, better rising up, walking or lying down. This remedy is useful in the relief of spinal disorder, bone pains, eye affections, constipation, backache and weakness in legs, and severe headaches.

### Ingredient: Cobalt (cobaltum) 6X

**Directions:** Take 4 to 5 globules\* on tongue, three times daily. In acute conditions it can be taken hourly until relief. If symptoms persist or worsen, consult a health care practitioner.

#### Skin Diseases TSC-20 (DIN-HM: 80059617)

**Recommended purpose or use:** Homeopathic remedy used for the temporary relief of chapped, cracked, and dry skin, and dryness and itching associated with rashes, fissures and eczema.

**Indication:** There are an innumerable numbers of skin ailments that can be develop within the body in the event of any cellular deficiencies. Skin ailments are a large and important group which not only influence the general health, but may reveal constitutional weakness both inherited and acquired. Any deficiency in the in-organic salts must of necessity cause a disturbance in the human body. This combination TSC 20 addresses conditions such as acne, cracks in the skin, eczema, eruptions on the scalp, psoriasis and herpes etc.

**Ingredients:** Calcarea fluorica (Calcium fluoride) 6X, Calcarea sulphurica (Calcium sulfate) 6X, Kali sulphuricum (Potassium sulfate) 6X, Natrum muriaticum (Sodium chloride) 6X, Natrum sulphuricum (Sodium sulfate) 6X, Silicea (Silica) 6X, Lithium carbonicum (Lithium carbonate) 6X, Cuprum aceticum (Copper acetate) 6X, Selenium metallicum (Gray selenium) 6X, Zincum metallicum (Zinc) 6X, Alumina (Aluminum oxide) 6X, Manganum carbonicum (Manganese carbonate) 6X, Lactose.



## Rheumatism TSC-19 (DIN-HM 80059608)

**Recommended purpose or use:** Homeopathic medicine used for the relief of rheumatic pain, stiffness of neck, backache, aching limbs, joint and bone pain.

Indication: In rheumatism ailments, all the eliminative organs are involved; the liver, kidneys, lungs and even the skin. There is some hold-up in the body's waste transport system, the organs concerned are lacking in tone and efficiency. A variety of conditions result, where by there is severe pain, swelling or inflammation of muscles or joints. Rheumatism includes a large number of conditions, at the onset there is a measure of congestion and inflammation and if this can be broken up promptly a serious attack may be averted. For this purpose tissue-salt combination TSC 19 is needed.

**Ingredients:** Calcarea phosphorica (Calcium phosphate) 6X, Ferrum phosphoricum (Ferrous phosphate BPC 73) 6X, Kali sulphuricum (Potassium sulfate) 6X, Magnesia phosphorica (Magnesium phosphate, dibasic) 6X, Natrum sulphuricum (Sodium sulphate) 6X, Kali muriaticum (Potassium chloride) 6X, Natrum phosphoricum (Sodium phosphate, dibasic) 6X, Lithium carbonicum (Lithium carbonate) 6X, Cuprum aceticum (Copper acetate) 6X, Cobaltum metallicum (Cobalt) 6X, Chromium oxydatum (Chromium (III) oxide) 6X, Zincum metallicum (Zinc) 6X, Lactose.

Directions: (Adults) One tablet\* three times daily.

## Copper 8 TS-16 (DIN-HM: 80022035)

Metallic copper is an antipsoric remedy working from within outwards. Spasm is the one word characterizing this remedy. Others include excessive vomiting following scarlet fever, bad effects of eruptions resulting in brain affections, mental or physical bodily exhaustion from over-exertion of mind, loss of sleep, etc. Distinguishing symptoms indicating the use of copper are: cough in children threatening to suffocate; in asthma, unable to speak or swallow; muscles of calf contracted in knots, with spasms and cramps.

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Ingredient: Copper (Cuprum metallicum) 6x

**Directions:** Take 4 to 5 globules\* on tongue, three times daily. In acute conditions it can be taken hourly until relief.

## Copper acetate 4 TS-17 (DIN-HM: 80022033)

This remedy is clinically proven to alleviate the symptoms of hay-fever, with burning excoriation; cough with fear of suffocation and accompanied with tough tenacious mucus, and chronic psoriasis.

Ingredient: Copper acetate (Cuprum aceticum) 6X

**Directions:** Take 4 to 5 globules\* on tongue, three times daily. In acute conditions it can be taken hourly until relief.

## Ferrous Iodide 8 TS-18 (DIN-HM: 80022014)

The iodide of iron corresponds more particularly to scrofulous affections, glandular enlargements and tumours. Further noticeable symptoms are cutting pains in eyes; ears and root of nose to occiput. Following affections call for this remedy: crops of boils, uterine displacements, anaemia, goitre, debility following drain upon vital forces etc.

Ingredient: Ferrous Iodide (Iodine of iron) 6X

**Directions:** Take 4 to 5 globules\* on tongue, three times daily. In acute conditions it can be taken hourly until relief.



## lodine 4 TS-19 (DIN-HM: 80022013)

A very useful remedy for hunger with emaciation; intolerance of heat; emaciation with glandular enlargement; intense restlessness with apprehension. Hypertrophy runs through the remedy. Iodine helps to relieve symptoms of the following ailments: appetite disorder, atrophy of brain, breast affections, lymphatic swellings, affections of liver, ovaries, uterus and joints etc.

Ingredient: Iodine (Iodine the element) 6X

**Directions:** Take 4 to 5 globules\* on tongue, three times daily. In acute conditions it can be taken hourly until relief.

#### Lithium Carbonate 4 TS-20 (DIN-HM: 80022022)

Chronic rheumatism connected with valvular heart lesions offer a field for this remedy. A deficiency of this tissue-salt, affects the entire human body, notably head and eyes, urinary organs, heart and joints. In arthritic complaints accompanied with heart or eye symptoms it is greatly needed, and also in recurring attacks of acute inflammation of the small joints.

Ingredient: Lithium Carbonate (Lithium Carbonicum) 6x

**Directions:** Take 4 to 5 globules\* on tongue, three times daily. In acute conditions it can be taken hourly until relief.

#### Manganese Carbonate 8 TS-21 (DIN-HM: 80022016)

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This is a great remedy for symptoms of fatty degeneration of the liver, anaemia with destruction of the red corpuscles, cellulitis in subacute stage. Also its usefulness is marked in progressive paraplegia, wasting of flesh, staggering gait, strongly exaggerated reflexes, and physical disturbances evidenced in men.

Ingredient: Manganese carbonate (Manganum carbonicum) 6X

**Directions:** Take 4 to 5 globules\* on tongue, three times daily. In acute conditions it can be taken hourly until relief.

## Hemorrhoids TSC-17 (DIN-HM 80059377)

**Recommended purpose or use:** Homeopathic medicine used to temporarily relieve itching and burning pain of the anus associated with hemorrhoids.

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**Indication:** Hemorrhoids (Piles) consist of a varicose condition of the veins at the lower end of the bowel. Piles may be internal or external. The underlying pathological factor in origin of hemorrhoids (piles) is a relaxation of the muscular fibres of the rectal veins and consequent dilation, due to a large measure to a mineral salt deficiency. The TSC-17 combination is useful as First Aid, and will help relieve the pain, bleeding and symptoms of hemorrhoids.

**Ingredients:** Calcarea fluorica (Calcium fluoride) 6X, Calcarea phosphorica (Calcium phosphate) 6X, Ferrum phosphoricum (Ferrum phosphoricum) 6X, Kali muriaticum (Potassium chloride) 6X, Kali phosphoricum (Potassium phosphate, dibasic) 6X, Natrum Muriaticum (Sodium chloride) 6X, Lactose.

Directions: (Adults) One tablet\* three times daily.

## Periodontitis TSC-18 (DIN-HM 80059393)

**Recommended purpose or use:** Homeopathic medicine used to temporarily relieve breath odour and tooth loss.

Indication: Periodontitis or Pyorrhea is an advanced stage periodontal disease in which the bone supporting the teeth begins to erode as a result of infection. These tissue salts in TSC-18 combination addresses the symptoms of gum boils, unnatural looseness of teeth, toothache, abscess at the root of teeth etc.

**Ingredients:** Calcarea fluorica (Calcium fluoride) 6X, Calcarea sulphurica (Calcium sulfate) 6X, Silicea (Silica) 6X, Calcarea phosphorica (Calcium phosphate) 6X, Magnesia phosphorica (Magnesium phosphate, dibasic) 6X, Ferrum phosphoricum (Ferrous phosphate BPC 73) 6X, Alumina (Aluminum oxide) 6X, Iodium (Iodine) 6X, Zincum metallicum (Zinc) 6X, Lactose.

**Recommended purpose or use:** Homeopathic medicine used for the temporary relief of symptoms of nervousness, sleeplessness, impaired memory and restlessness.

Indication: The nervous system of the human body is delicately balanced, highly complex and finely adjusted system. The various forms of nervous disorders neuritis, neuralgia, neurasthenia, paralysis etc. can be overcome by furnishing the body a fresh supply of the lacking inorganic salts, to form the new cells so imperatively required. The combination TSC-16 will restore the nervous system once more to normal.

**Ingredients:** Calcarea phosphorica (Calcium phosphate) 6X, Ferrum phosphoricum (Ferrous phosphate BPC 73) 6X, Kali phosphoricum (Potassium phosphate, dibasic) 6X, Magnesia phosphorica (Magnesium phosphate, dibasic) 6X, Natrum muriaticum (Sodium chloride) 6X, Lithium carbonicum (Lithium carbonate) 6X, Cobaltum metallicum (Cobalt) 6X, Iodium (Iodine) 6X, Ferrum iodatum (Ferrous iodide) 6X, Lactose.

Directions: (Adults) One tablet\* three times daily.



## Selenium 8 TS-22 (DIN-HM: 80022018)

A leading feature is the weakness caused in all parts of the body. This debility causes sluggishness and sleep from sheer exhaustion, and the patient is worse after. A deficiency of selenium results in a marked effect on the genito-uriinary organs in the elderly men, constipation, debility, falling of hair, impotence, affections of liver, etc.

Ingredient: Selenium 6X

**Directions:** Take 4 to 5 globules\* on tongue, three times daily. In acute conditions it can be taken hourly until relief.

## Zinc 8 TS-23 (DIN-HM: 80022025)

This remedy is most useful in broken down constitutions, cerebral depression and in nervous and extremely sensitive patient. A deficiency of zinc causes twitching of muscles, tearing pains along the course of the nerves, excited on least provocation and over sensitiveness in one part and lack of feeling in another. There is paralytic weakness with brain and spinal symptoms and all the functions are slow and eruptions appear slowly.

Ingredient: Zinc (Zincum metallicum) 6X

**Directions:** Take 4 to 5 globules\* on tongue, three times daily. In acute conditions it can be taken hourly until relief.

## Zinc Sulphate 4 TS-24 (DIN-HM: 80022020)

It is most useful as an eye solution with positive results in corneal opacities. A deficiency of zinc sulphate results in severe gastric and dysenteric symptoms. Principal indication for its use: conculsions, involuntary laughter, paralysis of tongue, structure of oesophagus etc.

Ingredient: Zinc Sulphate (Zincum sulphuricum) 6X

**Directions:** Take 4 to 5 globules\* on tongue, three times daily. In acute conditions it can be taken hourly until relief.

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## COMPLEX SALTS

#### Anaemia TSC-1 (DIN-HM 80057439)

**Recommended purpose or use:** Homeopathic medicine used to temporarily relieve fatigue, weakness and decreased energy.

Indication: Anaemia is an impoverished condition of the blood, when the blood cells may be too few in number or the oxygen carrier hemoglobin may be deficient. It is an underlying factor in many acute and chronic diseases. This biochemic combination will improve symptoms associated with poor digestion, general wasting, fatigue and weakness, mental/physical depression, and worry. In addition, foods rich in vitamins should be included in the diet.

**Ingredients:** Calcarea phosphorica (Calcium phosphate) 6X, Ferrum phosphoricum (Ferrous phosphate BPC 73) 6X, Kali phosphoricum (Potassium phosphate, dibasic) 6X, Natrum muriaticum (Sodium chloride) 6X, Lactose.

Directions: (Adults) One tablet\* three times daily.

#### Asthma TSC-2 (DIN-HM 80057981)

**Recommended purpose or use:** Homeopathic remedy used to temporarily relieve coughing and the associated feelings of tightness in the chest and shortness of breath.

**Indication:** Asthma is a respiratory disorder characterized by difficult breathing, at fairly regular intervals. It is an illness that causes obstruction of the airways. Typical symptoms are coughing, wheezing, a feeling of tightness in chest, etc. This combination will help to alleviate, spasmodic attacks of oppressed, difficult, laboured breathing, whooping cough, chronic bronchitis, and bronchial asthma, etc.

**Ingredients:** Kali phosphoricum (Potassium phosphate, dibasic) 6X, Magnesia phosphorica (Magnesium phosphate, dibasic) 6X, Natrum muriaticum (Sodium chloride) 6X, Natrum sulphuricum (Sodium sulfate) 6X, Lactose.

**Directions:** (Adults) One tablet\* three times daily.

## Menstrual Problems: TSC-15 (DIN-HM 80060399)

**Recommended purpose or use:** Homeopathic medicine provides temporary relief from menstrual pain and irregularity of menstrual cycle (menses too early or late).

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Indication: Menstruation is a normal function within a women's body that consists of a periodic discharge of blood and mucous from the uterus. The symptoms during the menstrual cycle varies; if the flow of blood is too profuse and of too long a duration the condition is called menorrhagia; dysmenorrhea is painful menstruation; when there is a failure of occurrence of the menstrual flow it is called "primary amenorrhea" and "secondary amenorrhea" when menstruation has been established and later suspended. TSC-15 is a combination that will help maintain normal cycles.

**Ingredients:** Alumina (Aluminum oxide) 6X, Calcarea phosphorica (Calcium phosphate) 6X, Cuprum metallicum (Copper) 6X, Ferrum Iodatum (Ferrum iodatum) 6X, Ferrum phosphoricum (Ferrous phosphate BPC 73) 6X, Iodium (Iodine) 6X, Kali muriaticum (Potassium chloride) 6X, Kali phosphoricum (Potassium phosphate, dibasic) 6X, Kali sulphuricum (Potassium sulfate) 6X, Magnesia phosphorica (Magnesium phosphate, dibasic) 6X, Manganum carbonicum (Manganese carbonate) 6X, Zincum metallicum (Ziinc) 6X, Lactose.





## Measles TSC-14 (DIN-HM 80060405)

**Recommended purpose or use:** Homeopathic medicine used to help temporarily relieve rash and inflammation of the skin, and redness of the eyes.

Indication: Measles or Rubella is a viral infection that attacks the respiratory tract, eyes and skin. Although it is typically a childhood disease, adults are also susceptible. Measles are very contagious and are easily spread by coughing and sneezing. This combination will help to relieve these symptoms; rash and inflammation of the skin and redness of the eyes, high fever etc.

**Ingredients:** Ferrum phosphoricum (Ferrous phosphate BPC 73) 6X, Kali muriaticum (Potassium chloride) 6X, Kali sulphuricum (Potassium sulfate) 6X, Lithium carbonicum (Lithium carbonate) 6X, Cuprum aceticum (Copper acetate) 6X, Lactose.

Directions: (Adults) One tablet\* three times daily.



#### Colic TSC-3 (DIN-HM 80058233)

**Recommended purpose or use:** Homeopathic medicine used for the temporary relief of sharp abdominal pain due to flatulence.

Indication: Colic is an attack of a sharp spasmodic abdominal pain arising from various causes, usually attended by constipation. Pain arises from gas caused by undigested food in the intestines, worms, organic derangements of the kidneys, acrid discharge of the bile into the stomach and intestines. Infants are subject to attacks of colic, especially when fed artificially. Combination TSC-3 will alleviate symptoms of flatulent colic, or due to inflammatory conditions, colic in children during teething, or due to flatulence or constipation.

**Ingredients:** Calcarea phosphorica (Calcium phosphate) 6X, Ferrum phosphoricum (Ferrous phosphate BPC 73) 6X, Kali phosphoricum (Potassium phosphate, dibasic) 6X, Magnesia phosphorica (Magnesium phosphate, dibasic) 6X, Natrum sulphuricum (Sodium sulphate) 6X, Naturm Phosphoricum (Sodium phosphate, dibasic) 6X, Lactose.

Directions: (Adults) One tablet\* three times daily.

## Constipation TSC-4 (DIN-HM 80060141)

**Recommended purpose or use:** Homeopathic medicine used to temporarily relieve constipation, flatulence, and light colored stool.

**Indication:** Constipation occurs frequently in consequence of some primary disturbance, of the bowels. There are numerous contributing causes to this prevalent and health disturbing condition. Constipation is sometimes caused by a relaxation of elastic fibre of the mucous membrane of the colon and of the small intestines. This combination of tissue-salts will help to address symptoms such as constipated bowels, with dry, hard stool accompanied by dull headaches, foul breath, and coated tongue.

**Ingredients:** Calcarea fluorica (Calcium fluoride) 6X, Calcarea phosphorica (Calcium phosphate) 6X, Kali muriaticum (Potassium chloride) 6X, Natrum muriaticum (Sodium chloride) 6X, Silicea (Silica) 6X, Lactose.



## Coryza TSC-5 (DIN-HM 80060139)

**Recommended purpose or use:** Homeopathic medicine used to temporarily relieve symptoms of cold including sore throat pain, nasal congestion, nasal dryness causing nose bleed, and loss of taste and smell.

Indication: Coryza (Catarrh) is an inflammation of the mucous membranes with excessive secretions particularly of the air passages of the nose and the trachea. A loss of smell and taste may accompany, along with soreness of the throat and bronchial irritation, dull headache, sneezing and watery discharge. This combination TSC-5 will help to prevent and eliminate ailments such as colds, catarrh, influenza, measles and many other ills. The name Catarrh (Coryza) is also applied to describe similar condition affecting stomach and bowels.

**Ingredients:** Ferrum phosphoricum (Ferrous phosphate BPC 73) 6X, Kali muriaticum (Potassium chloride) 6X, Kali sulphuricum (Potassium sulfate) 6X, Natrum muriaticum (Sodium chloride) 6X, Lactose.

Directions: (Adults) One tablet\* three times daily.



## Headaches TSC-12 (DIN-HM 80060389)

**Recommended purpose or use:** Homeopathic medicine used for the temporary relief of sharp head pain.

Indication: Nothing need be said under this head, any deficiency in anyone or more of the inorganic salts may produce a headache. Some of the most prevalent underlying conditions are: head colds, indigestion, biliocisness, nervous disorder, local infections, constipation, high blood pressure, weak eyes, etc. The TSC- 12 combination is useful as first aid and will help relieve the symptoms of headache irrespective of the causes. It is imperative to note that the "Brain" itself is insensitive to pain.

**Ingredients:** Ferrum phosphoricum (Ferrous phosphate BPC 73) 6X, Kali phosphoricum (Potassium phosphate, dibasic) 6X, Magnesia phosphorica (Magnesium phosphate, dibasic) 6X, Natrum muriaticum (Sodium chloride) 6X, Silicea (Silica) 6X, Lactose.

**Directions:** (Adults) One tablet\* three times daily.

## Leucorrhoea TSC-13 (DIN-HM 80060403)

**Recommended purpose or use:** Homeopathic remedy used for the temporary relief of symptoms of Leucorrhoea including vaginal discharge that is thick, transparent and whitish, and/or yellowish-greenish.

**Indication:** A catarrhal condition of the mucous membranes of the female reproductive organs with abnormal vaginal discharges, which vary from watery to thick white offensive secretions. It is often a symptom of vaginal infection such as caused by microorganisms. The combination of tissue salts, TSC-13 is given as a uterine tonic for the female organs.

**Ingredients:** Calcarea phosphorica (Calcium phosphate) 6X, Calcarea sulphurica (Calcium sulfate) 6X, Kali phosphoricum (Potassium phosphate, dibasic) 6X, Kali sulphuricum (Potassium sulfate) 6X, Natrum muriaticum (Sodium chloride) 6X, Lactose.



## Tonsillitis TSC-10 (DIN-HM 80060358)

**Recommended purpose or use:** Homeopathic remedy for the temporary relief of swollen tonsils.

**Indication:** Tonsillitis is an inflammation of tonsils. In many cases the inflammation begins in the tonsils spreads to the adjacent membranes. The onset is sudden with pain & the most prevalent form is acute tonsillitis. The symptoms are enlarged tonsils which exude whitish purulent substance and the glands of the throat may become tender & swollen. Followed by fever, redness, difficult to swallow and there is considerable pain. TSC 10 combination of tissue-salt helps to relieve the causes of symptoms.

**Ingredients:** Calcarea phosphorica (Calcium phosphate) 6X, Ferrum phosphoricum (Ferrous phosphate BPC 73) 6X, Kali muriaticum (Potassium chloride) 6X, Lactose.

Directions: (Adults) One tablet\* three times daily.

## Fever TSC-11 (DIN-HM 80060350)

**Recommended purpose or use:** Homeopathic medicine used to temporarily relieve symptoms of fever and chilliness.

**Indication:** Fever is not always the disease itself, but the result of disease. Fever is usually preceded by chilliness & there may be headache or a feeling of tiredness in the limbs. Fever is usually present when there is inflammation in any part of the body. The intensity of the fever being an indicator of the severity of the disturbance. The combination TSC-11 helps the body to maintain a normal even temperature by controlling the balance between heat gained & heat lost.

**Ingredients:** Ferrum phosphoricum (Ferrous phosphate BPC 73) 6X, Kali muriaticum (Potassium chloride) 6X, Kali sulphuricum (Potassium sulfate) 6X, Natrum muriaticum (Sodium chloride) 6X, Natrum sulphuricum (Sodium sulfate) 6X, Cuprum aceticum (Copper acetate) 6X, Manganum carbonicum (Manganese carbonate) 6X, Iodum (Iodine) 6X, Zincum metallicum (Zinc) 6X, Lactose.

Directions: (Adults) One tablet\* three times daily.

## Coughing, Cold, Catarrh TSC-6 (DIN-HM 80060297)

**Recommended purpose or use:** Homeopathic remedy used for the temporary relief of cough, nasal catarrh, and chills.

**Indication:** Coughing is a symptom that occurs during the course of most diseases of the respiratory organs. A cold goes through several states: congestive stage is the first, followed by watery discharges from the nose, then by thicker mucous secretions. Catarrh is the term applied to a chronic catarrhal inflammation of the membranes of the nasal passages. It helps to prevent infection of throat, sinuses, bronchial tubes or lungs and alleviate symptoms of cough, cold and catarrh.

**Ingredients:** Ferrum phosphoricum (Ferrous phosphate BPC 73) 6X, Kali muriaticum (Potassium chloride) 6X, Magnesia phosphorica (Magnesium phosphate, dibasic) 6X, Natrum muriaticum (Sodium chloride) 6X, Natrum sulphuricum (Sodium sulfate) 6X, Kali sulphuricum (Potassium sulfate) 6X, Zincum metallicum (Zinc) 6X, Manganum carbonicum (Manganese carbonate) 6X, Iodium (Iodine) 6X, Ferrum iodatum (Ferrous iodide) 6X, Cuprum metallicum (Copper) 6X, Alumina (Aluminium oxide) 6X, Cuprum aceticum (Copper acetate) 6X, Chromium oxidatum (Chromium oxide) 6X, Selenium metallicum (Gray selenium) 6X, Lactose.

**Directions:** (Adults) One tablet\* three times daily.





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## Diabetes TSC-7 (DIN-HM 80058412)

**Recommended purpose or use:** Homeopathic medicine used to temporarily relieve unusual thirst, frequent urination and tingling or numbness in the hands or feet.

Indication: Diabetes Mellitus is a nutritional disorder characterized by a steady accumulation of sugar in the blood, which is excreted through the urine. Its symptoms are inordinate thirst, ravenous hunger, an increased output of urine and progressive wasting of the body, with great exhaustion. Diabetes is a constitutional disease due to degeneration of certain portions of the pancreas, resulting in the inability of the body to assimilate sugar; consequently the sugar content of the blood is raised. TSC-7 combination of tissue-salts will help to relieve many conditions associated with diabetes. It will also help with assimilation of glucose and improve impaired kidney/liver functions.

**Ingredients:** Calcarea phosphorica (Calcium phosphate) 6X, Ferrum phosphoricum (Ferrous phosphate BPC 73) 6X, Kali phosphoricum (Potassium phosphate, dibasic) 6X, Natrum phosphoriucm (Sodium phosphate, dibasic) 6X, Natrum sulphuricum (Sodium sulfate) 6X, Lactose.

Directions: (Adults) One tablet\* three times daily.



## Diarrhea TSC-8 (DIN-HM 80060320)

Recommended purpose or use: Homeopathic medicine used to temporarily relieve diarrhea, watery stools and flatulence.

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Indication: Diarrhea is a symptom of many diseases and is one of the body's methods of ridding itself of unwanted substances. Checking of diarrhea prematurely may therefore hamper instead of help the healing process. Cause is generally found in an imperfect digestion and assimilation of food, the laxative properties of food or frequent use of purgative medicines or any other irritating substance. However the predisposing cause of diarrhea is found in mineral salts deficiency. TSC-8 combination will help to alleviate symptoms of diarrhea.

**Ingredients:** Calcarea phosphorica (Calcium phosphate) 6X, Ferrum phosphoricum (Ferrous phosphate BPC 73) 6X, Kali phosphoricum (Potassium phosphate, dibasic) 6X, Kali sulphuricum (Potassium sulfate) 6X, Natrum phosphoriucm (Sodium phosphate, dibasic) 6X, Natrum sulphuricum (Sodium sulfate) 6X, Lactose.

Directions: (Adults) One tablet\* three times daily.

## Colitis, Crohn's disease TSC-9 (DIN-HM 80060386)

**Recommended purpose or use:** Homeopathic medicine used to temporarily relieve diarrhea and abdominal pain.

**Indication:** Colitis is an ulcerative inflammation of the mucous lining of the intestine, especially of the colon. Crohn's disease is also a chronic inflammatory bowel disease, usually affecting the lower half of the intestine and the colon. This combination heals the characterized frequent attacks of diarrhea, severe abdominal pain, nausea, fever, bloody stools, weakness and weight loss.

**Ingredients:** Ferrum phosphoricum (Ferrous phosphate BPC 73) 6X, Kali muriaticum (Potassium chloride) 6X, Kali phosphoricum (Potassium phosphate, dibasic) 6X, Magnesia phosphorica (Magnesium phosphate, dibasic) 6X, Lactose.